

Ruga's School Lunches 2022

Monday – Friday



Green Foods

(Please indicate if you would like margarine or mayonnaise)

Sandwiches (white or wholemeal)	
Cheese base	\$3.50
Vegemite base	\$3.00
Ham base	\$4.00
Chicken base	\$4.50
Salad base	\$3.50
Salad (tomato/carrot/cucumber/lettuce)	extra \$1.50
Cheese	extra .50c
Wraps or Rolls	extra \$1.00
Ham & Cheese Toastie	\$4.50

Yummo (Hot Ham and Cheese Roll)	\$5.50
Hot Chicken Mayonnaise Roll	\$5.50

Tossed Garden Salad	\$4.00
(Add chicken or ham \$2)	
Fruit Salad (seasonal fruits)	\$4.00

Vegetarian Zucchini Slice	\$4.00
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Amber Foods

(Please indicate if you would like sauce)

Pizza Subs (Ham & Cheese <u>or</u> BBQ Chicken)	\$3.50
Noodles (Chicken <u>or</u> Beef)	\$3.50
Better Bite Pie, Pasty or Sausage Roll	\$4.50
Garlic Bread	\$2.00

Red Foods

(Please indicate if you would like sauce)

½ Hotdog	\$2.50
½ Hotdog with Cheese	\$3.00
Hotdog	\$4.50
Hotdog with Cheese	\$5.00
Chicken Nuggets (6)	\$6.00
Chicken Nuggets (5) + Potato Gems (10)	\$7.00
Croissant (Ham and Cheese)	\$5.00
Mini Pizza	\$4.00

Drinks

Water	\$2.00
Juice Box	\$2.50
UP & GO (Chocolate/Strawberry/Banana)	\$2.50

1. Meal Deal

5 Nuggets + 3 Potato Gems + Juice Box	\$7.00
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2. Meal Deal

Plain Hot Dog w/ sauce + Drink + Muffin (add cheese .50c)	\$7.00
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3. Meal Deal

Ham & Cheese Toastie + Drink + Muffin	\$7.00
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4. Meal Deal

Pizza + Garlic Bread + Drink	\$7.00
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Meal Deal Options

Muffins and Garlic Bread can be substituted for:

- A piece of fresh fruit

Drinks available: -

- Fruit Box (Apple/Orange/Apple Blackcurrant/Tropical)
- Up & Go (Chocolate/Strawberry/Banana)
- Water

Extras

Fresh Fruit	\$1.50
Small Chips	\$1.50
Popcorn	\$1.50
Assorted Muffins	\$2.00
Bellis Bars	\$1.00
Chocolate Crackle	.50
LCM Bars	\$1.00
BBQ Corntos	\$1.00